

FLOW
Joyful Change
in Action



how to?



Synchronicity is
another word for Flow



Things align miraculously

Flow is a state
of relaxed
centeredness



Flow is letting go
of your need
to control



Flow is allowing
for the larger
picture to unfold



Flow is a
joyful ride along
the stream of life



Flow is DOING
in a
state of BEING



In our busy world
we have forgotten
to simply BE



Slow down and
realign to
your own pace



When you balance
DOING and BEING
you return into your flow



BE what
you are created to BE

So you can DO what you are
meant to DO



To HAVE

what you are meant to HAVE

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Join this
Life Changing

12 weeks
Group Mentoring

Dec 21st 2024 - March 8th 2025

joyful-change.com/joyfulchange

Let's connect for your
30 minutes Clarity Call
contact@joyful-change.com



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